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Kit for the Preparation of

Technetium Tc 99m Medronate Injection
For Intravenous Use

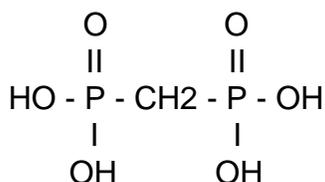
DIAGNOSTIC — FOR SKELETAL IMAGING

DESCRIPTION

The kit consists of reaction vials which contain the sterile, non-pyrogenic, non-radioactive ingredients necessary to produce Technetium Tc 99m Medronate Injection for diagnostic use by intravenous injection.

Each 10 mL reaction vial contains 10 mg medronic acid and not less than 0.8 mg of stannous chloride dihydrate (maximum total tin expressed as stannous chloride dihydrate 1.21 mg) and 2 mg of p-aminobenzoic acid in lyophilized form under an atmosphere of nitrogen. The pH is adjusted to 6.5 to 7.5 with HCl or NaOH prior to lyophilization. The addition of sterile, non-pyrogenic, and oxidant-free sodium pertechnetate Tc 99m sterile solution produces a rapid labeling which is essentially quantitative and which remains stable in vitro throughout the six hour life of the preparation. No bacteriostatic preservative is present.

The structural formula of medronic acid is:



PHYSICAL CHARACTERISTICS

Technetium Tc 99m decays by isomeric transition with a physical half-life of 6.02 hours.¹ The principal photon that is useful for detection and imaging studies is listed in Table 1.

Table 1
Principal Radiation Emission Data

Radiation	Mean %/ Disintegration	Energy (keV)
Gamma-2	89.07	140.5

EXTERNAL RADIATION

The specific gamma ray constant for Tc 99m is 0.78 R/mCi-hr at 1 cm. The first half value layer is 0.017 cm of lead. To facilitate control of the radiation exposure from millicurie amounts of this radionuclide, the use of a 0.25 cm thickness of lead will attenuate the radiation emitted by a factor of about 1,000. A range of values for the relative attenuation of the radiation emitted by this radionuclide that results from interposition of various thicknesses of lead is shown in Table 2.

Table 2
RADIATION ATTENUATION BY LEAD SHIELDING

Shield Thickness (Pb) cm	Coefficient of Attenuation
0.017	0.5
0.08	10^{-1}
0.16	10^{-2}
0.25	10^{-3}
0.33	10^{-4}

To correct for physical decay of this radionuclide, the fractions that remain at selected intervals after the time of calibration are shown in Table 3.

¹Kocher, David C.: "Radioactive Decay Data Tables", DOE/TIC-11026, 108 (1981)

Table 3

PHYSICAL DECAY CHART: TC 99m, half-life 6.02 hours

Hours	Fraction Remaining	Hours	Fraction Remaining
0*	1.000	7	0.447
1	0.891	8	0.398
2	0.794	9	0.355
3	0.708	10	0.316
4	0.631	11	0.282
5	0.562	12	0.251
6	0.501		

* Calibration time

CLINICAL PHARMACOLOGY

When injected intravenously, Technetium Tc 99m Medronate is rapidly cleared from the blood; about 50% of the dose is accumulated and retained by the skeleton, while the remaining 50% is excreted in the urine within 24 hours. About 10% of the injected dose remains in the blood at 1 hour post-injection, 5% at 2 hours, and less than 1% remains at 24 hours. The resultant blood clearance curve is tri-exponential with the two fastest components accounting for all but a few percent of the injected dose.

Following intravenous administration of Technetium Tc 99m Medronate, skeletal uptake occurs as a function of blood flow to bone and bone efficiency in extracting the complex. Bone mineral crystals are generally considered to be hydroxyapatite, and the complex appears to have an affinity for the hydroxyapatite crystals in the bone.

The rapid blood clearance provides bone to soft-tissue ratios which favor early imaging. The skeletal uptake is bilaterally symmetrical and is greater in the axial skeleton than in the long bones. Areas of abnormal osteogenesis show altered uptake making it possible to visualize a variety of osseous lesions.

INDICATIONS AND USAGE

DRAXIMAGE™ MDP (Kit for the Preparation of Technetium Tc 99m Medronate) may be used as a bone imaging agent to delineate areas of altered osteogenesis.

CONTRAINDICATIONS

None known at present.

WARNINGS

This class of compounds is known to complex cations such as calcium. Particular caution should be used with patients who have, or who may be predisposed to, hypocalcemia (i.e., alkalosis).

The contents of the kit before preparation are not radioactive. However, after the sodium pertechnetate Tc 99m is added, adequate shielding of the final preparation must be maintained.

Preliminary reports indicate impairment of brain images using sodium pertechnetate Tc 99m injection which have been preceded by bone imaging using an agent containing stannous ions. The impairment may result in false-positive or false-negative brain images. It is recommended, where feasible, that brain imaging using sodium pertechnetate Tc 99m injection precede bone imaging procedures. Alternatively, a brain imaging agent such as technetium Tc 99m pentetate may be employed.

PRECAUTIONS

Contents of the reaction vial are intended only for use in the preparation of Technetium Tc 99m Medronate and are NOT to be administered directly to the patient.

To minimize the radiation dose to the bladder, the patient should be encouraged to increase fluid intake and to void as often as possible after the injection of Technetium Tc 99m Medronate, and for 4 to 6 hours after the imaging procedure.

The preparation contains no bacteriostatic preservative.

Technetium Tc 99m Medronate should be stored at or below room temperature (2°C – 30°C) and discarded 6 hours after reconstitution. The solution should not be used if it is cloudy.

Optimal imaging results are obtained 1 to 4 hours after administration. The image quality may be adversely affected by obesity, old age and impaired renal function.

GENERAL

The components of the kit are sterile and non-pyrogenic. It is essential to follow directions carefully and to adhere to strict aseptic procedures during preparation.

Technetium Tc 99m Medronate as well as other radioactive drugs must be handled with care. Once sodium pertechnetate Tc 99m is added to the vial, appropriate safety measures should be used to minimize external radiation to clinical occupational personnel. Care should also be taken to minimize radiation exposure to patients in a manner consistent with proper patient management.

The technetium Tc 99m labeling reactions involved depend on maintaining the stannous ion in the reduced state. Hence, sodium pertechnetate Tc 99m containing oxidants should not be employed.

Radiopharmaceuticals should be used only by physicians who are qualified by training and experience in the safe use and handling of radionuclides and whose experience and training have been approved by the appropriate government agency authorized to license the use of radionuclides.

CARCINOGENESIS, MUTAGENESIS, IMPAIRMENT OF FERTILITY

No long term animal studies have been performed to evaluate carcinogenic or mutagenic potential or whether Technetium Tc 99m Medronate affects fertility in males or females.

PREGNANCY CATEGORY C

Animal reproduction and teratogenicity studies have not been conducted with Technetium Tc 99m Medronate. It is also not known whether Technetium Tc 99m Medronate can cause fetal harm when administered to a pregnant woman or can affect reproductive capacity. There have been no studies in pregnant women. Technetium Tc 99m should be given to a pregnant woman only if clearly needed.

Ideally, examinations using radiopharmaceuticals, especially those elective in nature, of a woman of childbearing capability should be performed during the first few (approximately 10) days following the onset of menses.

NURSING MOTHERS

Technetium Tc 99m is excreted in human milk during lactation. Therefore, formula feedings should be substituted for breast feedings.

PAEDIATRIC USE

Safety and effectiveness in paediatric patients have not been established.

ADVERSE REACTIONS

Several cases of allergic dermatological reactions have been reported in association with the use of DRAXIMAGE™ MDP.

Several reactions have also been reported in association with other radiopharmaceuticals of the diphosphonate class, particularly Technetium Tc 99m Medronate. These are usually hypersensitivity reactions characterized by itching, various skin rashes, hypotension, chills, nausea, fever, and vomiting. One death secondary to cardiac arrhythmia following the administration of Technetium Tc 99m Medronate has been reported. In addition, one case of cardiac arrest in a patient also undergoing pulmonary function testing one and one-half hours after the performance of a bone scan using Technetium Tc 99m Medronate has been reported.

DOSAGE AND ADMINISTRATION

The recommended adult dose, after reconstitution with oxidant-free sodium pertechnetate Tc 99m, is 370 to 740 megabecquerels (10 to 20 millicuries [200 µCi/kg]) by slow intravenous injection over a period of 30 seconds. Optimum scanning time is 1 to 4 hours post-injection.

To minimize the contribution of the bladder content to the image, the patient should void immediately before imaging is started.

The patient dose should be measured by a suitable radioactivity calibration system immediately prior to administration.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration. The solution should not be used if cloudy.

RADIATION DOSIMETRY

The estimated absorbed radiation doses to an average patient (70 kg) from an intravenous injection of a maximum dose of 740 megabecquerels (20 millicuries) of Technetium Tc 99m Medronate are shown in Table 4. The effective half-life was assumed to be the physical half-life for all calculated values.

Table 4
RADIATION DOSES ²

Tissue	Absorbed Radiation Dose	
	mGy/740 MBq	rads/20 mCi
Total Body	1.3	0.13
Total Bone	7.0	0.70
Red Marrow	5.6	0.56
Kidneys	8.0	0.80
Liver	0.6	0.06
Bladder Wall		
2 hr. void	26.0	2.60
4.8 hr. void	62.0	6.20
Ovaries		
2 hr. void	2.4	0.24
4.8 hr. void	3.4	0.34
Testes		
2 hr. void	1.6	0.16
4.8 hr. void	2.2	0.22

²Method of calculation: "S" Absorbed Dose per Unit Cumulated Activity for Selected Radionuclides and Organs, MIRD Pamphlet No. 11, 1975

HOW SUPPLIED

DRAxIMAGE™ MDP

Kit for the Preparation of Technetium Tc 99m Medronate Injection

Product No. 0330-X80 or 0330-X81.

Available in kits consisting of 5 or 30 reaction vials, each vial containing in lyophilized form, sterile and non-pyrogenic:

Medronic Acid	10 mg
Stannous Chloride Dihydrate (minimum)	0.8 mg
(Maximum tin as stannous chloride dihydrate	1.21 mg)
p-Aminobenzoic Acid	2 mg

The pH is adjusted to 6.5 to 7.5 with HCl or NaOH prior to lyophilization. The vials are sealed under an atmosphere of nitrogen. Radioassay information labels with radiation warning symbol and a package insert are supplied in each carton.

STORAGE

Store kit at or below room temperature (2°C to 30°C).

After labeling with Technetium Tc 99m, store solution at or below room temperature (2°C – 30°C) and use within six hours.

DIRECTIONS

NOTE: Use aseptic procedures throughout and take precautions to minimize radiation exposure by use of suitable shielding. Use waterproof gloves during the following preparation procedure.

Before reconstituting a vial, it should be inspected for cracks and/or a melted plug or any other indication that the integrity of the vacuum seal has been lost.

To prepare Technetium Tc 99m Medronate:

1. Remove the central metal disc from a reaction vial and swab the closure with either an alcohol swab or a suitable bacteriostatic agent.
2. Place the reaction vial in a suitable lead vial shield (minimum wall thickness 1/8 inch) which has a fitted lead cap. Obtain 2 to 10 mL of sterile, non-pyrogenic sodium pertechnetate Tc 99m, using a shielded syringe.

The recommended **maximum amount** of Technetium Tc 99m to be added to a reaction vial is 18.5 giga-becquerels (500 mCi). Sodium pertechnetate Tc 99m solutions containing an oxidizing agent are not suitable for use.

3. Using a shielded syringe, add the sodium pertechnetate Tc 99m solution to the reaction vial aseptically.
4. Place the lead cap on the reaction vial shield and agitate the shielded reaction vial until the contents are completely dissolved. The solution must be clear and free of particulate matter before proceeding.
5. Assay the product in a suitable calibrator, record the radioassay information on the label with radiation warning symbol, and apply it to the reaction vial.
6. Withdrawals for administration must be made aseptically using a shielded sterile syringe and needle. Since the reaction vials contain nitrogen to prevent oxidation of the complex, they should not be vented. If repeated withdrawals are made, minimize the replacement of contents with room

air.

7. The finished preparation should be stored at or below room temperature (2°C – 30°C) when not in use and discarded after 6 hours. It should also be retained during its life in the reaction vial shield with lead cap in place.

This reagent kit is approved by the U.S. Nuclear Regulatory Commission for distribution to persons licensed to use by-product material identified in §35.200 to 10 CFR Part 35, to persons who have a similar authorization issued by an Agreement State, and, outside the United States, to persons authorized by the appropriate authority.

The use of p-aminobenzoic acid in this radiopharmaceutical is licensed under Canadian Patent No. 1,190,473 and foreign counterparts.

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