### 2013 Annual

# Women's Health Conference

February 22-23, 2013

Sheraton Albuquerque Uptown Albuquerque, New Mexico



A Premier Women's Health Conference featuring Local and National Experts

### Presented by:







### Accreditation

The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Office of Continuing Medical Education designates this live activity for a maximum of 10.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made for American College of Obstetricians and Gynecologists (ACOG) cognates.

The Continuing Education Committee of the American College of Nurse-Midwives is granting reciprocity status to the Accreditation Council for Continuing Medical Education (ACCME) for Category 1 (formal didactic offerings), effective March 1, 1989. This conference is approved for 10.25 hours.

This activity is approved for 10.25 contact hours by the University of New Mexico Office of Continuing Medical Education, an approved provider of continuing nursing education by the New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificates of nursing credit will be issued at the end of the conference, which is at 12:00 pm on February 23, 2013, in exchange for conference evaluations.

Application has been submitted for continuing education credits through the University of New Mexico Health Sciences Center College of Pharmacy, an accrediting body for the Accreditation Council for Pharmacy Education.

### Contact Information

This conference is presented by the University of New Mexico Health Sciences Center School of Medicine, Office of Continuing Medical Education. For additional information contact: UNM School of Medicine; Office of Continuing Medical Education; MSC09 5370, 1 University of New Mexico; Albuquerque, New Mexico 87131-0001; (505) 272-3942 - FAX (505) 272-8604. http://som.unm.edu/cme

Individuals requiring special accommodations should contact the Office of Continuing Medical Education at (505) 272-3942. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

### Conference | ocation / Accommodations

The conference will be held at the Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd. NE, Albuquerque, New Mexico, 87110.

A block of rooms has been reserved for participants of this conference at the Sheraton Albuquerque Uptown Hotel for the nights of February 21 – February 23, 2013. Special rates are available to you if you make your room reservations no later than Wednesday, January 31, 2013.

To make room reservations, participants should contact the Sheraton Albuquerque Uptown Hotel directly:

Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd. NE, Albuquerque, New Mexico, 87110 • 505-881-0000

Please identify yourself as a participant of the 2013 Annual Women's Health Conference.

Participant rate is: \$104.00

All reservations must be guaranteed with a one night's deposit in the form of a credit card.

#### Flash Drives

We will be selling Flash Drives of the conference syllabus for \$20, which will have all of the presentations we receive prior to the conference. We will not be printing handouts for this conference. Your confirmation letter will have the link to the website. The handouts will be available on the website a week prior to the conference, as well as an updated agenda. The conference facility will be fully equipped with free wireless internet access.

We will have a very limited number of extra flash drives for sale on site. Include your \$20 along with your registration fee, so you can pre-order your flash drive. We will have them available at the conference.

#### **How To Attend:**

- On-line at: http://som.unm.edu/cme
- Fax your registration 24 hours/day to (505) 272-8604
- Call (505) 272-3942 between 8:00 am and 5:00 pm M.S.T.
- Mail to: UNM, Office of CME; MSC09 5370; 1 University of New Mexico; Albuquerque, NM 87131-0001

Register now to avoid disappointment.



MSC09 5370

1 University of New Mexico

Albuquerous New Mexico 87131-0001

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Albuquerque, NM

# 2013 Annual Women's Health Conference

### Registration Information

Advance registration is encouraged. Please register early to avoid disappointment. Minimum and maximum numbers have been established for this conference and for the workshops. The Office of CME does not maintain a petty cash fund. Cash payments must be made in the exact amount of tuition. It is UNM Policy to charge offerer \$15.00 plus normal merchant bank fees for each returned check.

If you are paying by credit card, we have on-line registration capability at the UNM CME website, http://som.unm.edu/cme. A confirmation letter will be e-mailed to you. Please present your confirmation letter at the registration desk upon arrival at the conference. If you do not receive a confirmation letter, please contact the Office of CME at (505) 272-3942 to verify your attendance. Registration includes conference materials, breakfasts, refreshment breaks, and beverages. Your pre-registration will be confirmed.

Telephone (505) 272-3942 and FAX (505) 272-8604 registrations will be accepted only with VISA/MasterCard. Faxed registrations, which do not have credit card information provided, will not be processed.

<b>FEES</b>	Early Registration	(Postmarked on or before Friday, February 8, 2013)	Using Tuition Remission
Z	MD & DO	\$260	\$250
2	ACOG Member	\$230	\$220
3	NP, CNM, PA, Nurse	e, Other \$205	\$195
R	ACNM Member	\$200	\$190
CIIS	Full-time Student	\$100*	
Ä	Med Student*	<ul> <li>ACOG Member</li> </ul>	N/C**

Regular Registration	(Postmarked after Friday, February 8, 2013)	Using Tuition Remission
MD & DO	\$310	\$300
ACOG Member	\$280	\$270
NP, CNM, PA, Nurse, C	Other \$255	\$245
ACNM Member	\$250	\$240
Full-time Student	\$140*	
Med Student* -	ACOG Member	N/C**

(\*Must provide proof of student full-time status. Tuition scholarships for students may be available. Please contact UNM Office of CME for more information. Students will not receive professional credit.) (\*\*Paid by NMACOG. Will not receive professional credit.)

#### **Tuition Remission**

All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed on the registration form. Properly completed and original remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance. The on-line UNM Turition Form may be accessed at http://hr.unm.edu/docs/benefits/tuition-remission.pdf

#### Cancellation

If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$40.00 administrative fee provided it is received in writing on or before February 15, 2013. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of CME is not responsible for any airfare, hotel, or other costs incurred by participants.

# 2013 Annual Women's Health Conference

February 22 – 23, 2013 • Sheraton Uptown Albuquerque

Friday, Febru	uary 22, 2013	3:00pm - 3:15pm	Break	
7:30am - 8:00am	Breakfast and Registration	Moderator	Eve Espey, MD, MPH  Oxytocin for Labor- Too Much, Too Little or Not at All Louis Weinstein, MD  Complex Clinical Cases - Stump the Professors Rebecca G. Rogers, MD, William F. Rayburn, MD, MBA and Laura Migliaccio, CNM (Presented)	
Moderator	Michael S. Ruma, MD, MPH	3:15pm - 4:05pm		
8:00am - 8:15am	Welcome and Introductions			
8:15am - 9:05am	Why Eliminate Non-Medically Indicated (Elective) Deliveries Before 39 Weeks Gestational Age?  Michael Nix, MD	4:05pm - 5:00pm		
9:05am - 9:55am	Opioid Addiction in Women and Management in Pregnancy Miriam Komaromy, MD	5:00pm - 5:30pm	by Residents and Student Midwives) ACOG and ACNM Networking Reception	
9:55am - 10:45am	and Larry Leeman, MD, MPH  Best Practices: How Hospitals	5:30pm - 7:30pm	ACOG Business Dinner and Meeting - By Invitation - Dessert with ACNM	
	and Clinics are Using Social Media to Create Loyal Patients and Build Successful Practices (Case Studies) Dan Hinmon	5:30pm - 7:30pm	ACNM Business Dinner and Meeting - By Invitation - Dessert with ACOG	
		Saturday, F	ebruary 23, 2013	
10:45am - 11:15am	Break	7:30am - 8:00am	Breakfast	
11:15am - 12:30pm	Workshops 1. Reproductive Health Planning Amy J. Levi, CNM, WHNP-BC, PhD, FACNM, FAAN	Moderator	Kathie Maxwell, CNM	
		8:00am - 8:50am	Pediatric and Adolescent Gynecology	
	2. Perinatal Diabetes Management Catherine Gray, CNS, BC-ADM, CDE	8:50am - 9:45am	Midwifery in the State of New Mexico	
	3. Eliminating Non-Medically	9:45am - 10:15am	Julie Gorwoda, CNM, MSN	
	Indicated (Elective) Deliveries Before 39 Weeks Gestational Age, A Quality Process. Michael Nix, MD  4. Learning How Motivational Interviewing Promotes Healthy Lifestyle Changes Kamilla Venner, PhD		Break  Adding Composition Strategies to	
		10:15am -11:10am	Making Connection: Strategies to Address Reproductive Coersion and Intimate Partner Violence in	
			Women's Health Virginia Duplessis, MSW	
		11:10am -12:00pm	Primary Care in Women's Health Jennifer Phillips, MD	
12:30pm - 1:45pm	LUNCH ON YOUR OWN	12:00pm	Adjourn	
1:45pm - 3:00pm	Workshops 5. Prenatal Diagnosis and Genetic Counseling Update Kathy Morris, MSSW, LCGC and Nichole Brown, MS, CGC			

Meggan Zsemlye, MD

8. Getting Help to Manage HELLP

6. Managing Social Media Risk: What you Must Know about HIPAA, Negative Comments,

7. Cervical Cancer Screening
- Cancer Prevention in
Underserved Women
and International Settings
Alan G. Waxman, MD, MPH and

and Social Media
Dan Hinmon

Louis Weinstein, MD

# Objectives

This conference is intended for physicians, nurse midwives, nurse practitioners, physician assistants, nurses and related health care professionals.

After attending the seminar, the participant should be able to:

- 1. Identify updates in women's primary health care throughout the life cycle;
- 2. Enhance clinical care strategies to support women experiencing family violence, abuse or addiction;
- List three updates in pregnancy and/or reproductive health care;
- 4. Identify two strategies to incorporate social media into practice.

## Planning Committee

#### Eve Espey, MD, MPH

Chair, NM Section, District VIII

American College of Obstetrics & Gynecology

Associate Dean of Students

Office of Student Affairs

Professor, Department of Obstetrics and Gynecology

University of New Mexico School of Medicine

#### Kathie Maxwell, FNP, CNM

ABQ Health Partners Albuquerque, NM

#### Laura Migliaccio, CNM

Chief, Midwifery Division

Department of Obsetrics & Gynecology

#### **Betsy Taylor, MD**

Assistant Professor

Department of Obsetrics & Gynecology

Division of Gynecology

#### Michael S. Ruma, MD, MPH

Perinatal Associates of New Mexico

Albuquerque, NM

### Speakers

#### **Guest Faculty**

#### Virginia Duplessis, MSW

Project Connect Program Manager Futures Without Violence

San Francisco, CA

#### Dan Hinmon, Social Media Strategist

Hive Strategies

McMinnville, OR

#### Michael Nix, MD

Medical Director, Perinatal Services

University Medical Center at Brackenridge

Assistant Professor

Obsetrics and Gynecology Residency Program

University of Texas Southwestern - Austin

Austin, TX

#### Louis Weinstein, MD

Past Bowers Professor and Chair

Thomas Jefferson University

Department of Obstetrics and Gynecology

Philadelphia, PA

#### **UNM Health Sciences Center Faculty & Local Faculty**

#### Nichole Brown, MS, CGC

Genetic Counselor

Perinatal Associates of New Mexico

Albuquerque, NM

#### Julie Gorwoda, CNM, MSN

Director of Nurse-Midwifery Education

University of New Mexico

#### Catherine Gray, CNS, BC-ADM, CDE

Clinical Nurse Specialist

Perinatal Associates of New Mexico

Albuquerque, NM

#### Miriam Komaromy, MD

Clinical Assistant Professor

Department of Internal Medicine

University of New Mexico School of Medicine

Medical Director, New Mexico Department of Health

Turquoise Lodge Hospital

#### Larry Leeman, MD, MPH

Professor

Director, Family Medicine Maternal & Child Health

Medical Director Milagro Program

Departments of Family and Community Medicine

and Obstetrics and Gynecology

#### Amy J. Levi, CNM, WHNP-BC, PhD, FACNM, FAAN

**Endowed Albers Professor** 

University of New Mexico College of Nursing

#### Kathy Morris, MSSW, LCGC

Senior Genetic Counselor

Division on Maternal Fetal Medicine

Department of Obstetrics and Gynecology

#### Jennifer Phillips, MD

Associate Professor

Department of Family and Community Medicine

#### William F. Rayburn, MD, MBA

Seligman Professor and Chair

Department of Obstetrics and Gynecology

#### Rebecca G. Rogers, MD

Regents' Professor

Department of Obstetrics & Gynecology

Director, Division of Urogynecology

Director, Female Pelvic Medicine and Reconstructive Surgery Fellowship

#### Nancy A. Sokkary, MD

Assistant Professor

Division of General Obstetrics and Gynecology

Pediatric and Adolescent Gynecology

#### Kamilla Venner, PhD

Assistant Professor

University of New Mexico/CASAA

Department of Psychology

#### Alan G. Waxman, MD, MPH

Professor

Department of Obstetrics and Gynecology

#### Meggan Zsemlye, MD

Associate Professor

Residency Program Director

Department of Obstetrics and Gynecology

#### **REGISTRATION FORM**

# 2013 Annual Women's Health Conference

### February 22 - 23, 2013 • Sheraton Uptown Albuquerque

Please print in ink or type.	• • • • •		••••	••••
First Name:	La	st Name		
Title (please circle): CNM MD DC	NP PA	Nurse Other:		
Specialty:				
Street:				
City:		State: Zip: _		
Email:				
Daytime Phone:		Fax:		
WORKSHOP REGISTRATION Register Now To Get Your First Choice		Register on-line at http://som.unm.edu/c	me	
<b>Friday, February 22, 2013</b> Workshops – 11:15 a.m 12:30 p.m.	Please sele	ct Workshop 1, 2, 3 or 4		
First Choice Second Choice				
<b>Friday, February 22, 2013</b> Workshops - 1:45 p.m 3:00 p.m. Ple	ase select '	Workshop 5, 6, 7, or 8		
First Choice Second Choice_				
I would like to have the confere additional cost of \$20.00.	nce materi	als available to me on a flash d	rive for a	เท
I plan to claim pharmacy credit	for an add	itional cost of \$15.00		
I plan to attend the following:				
ACNM Business Meeting/Dinner	\$40	ACOG Business Meeting/Di	inner \$4	0
ACNM Business Meeting/Dinner with a guest (\$40.00 additional)	_	<ul> <li>ACOG Business Meeting/Di with a guest (\$40.00 addition</li> </ul>	inner	
Meals		with a guest (\$ 10.00 addition	iai)	
Non-Vegetarian Vegetarian	Vega	nOther		
Please indicate method of paynCheck(Make payable to UNM C UNM Tuition Remission Form(cc MasterCard Visa	Office of CA			
Purchase Order #		(c	opy enci	losed)
Account #:				
Exp. Date:	Amou	unt: \$		
(Include the last 3 numbers of code o	n the back	of card	)	
Signature:Early Registration		Regular Registration		
(Postmarked on or before Feb. 8, 2013)	sing	(Postmarked after Fri., Feb. 8, 201	3)	
MD & DO \$260	\$250	MD & DO	\$310	\$300
ACOG Member \$230	\$220 =	ACOG Member	\$280	\$270
NP, CNM, PA, Nurse, Other \$205	\$195	NP, CNM, PA, Nurse, Other ACNM Member		\$245
ACNM Member \$200 Full-time Student \$100*	\$190	Full-time Student	\$250 \$140*	\$240
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Med Student* ACOG Member N/C**	on	Med Student* ACOG Membe	er N/C**	
(*Must provide proof of student full- available. Please contact UNM Office				

(\*\*Paid by NMACOG. Will not receive professional credit.)

Make check payable to UNM Office of Continuing Medical Education and mail it along with this form to:

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